



# JUICES

GINGER SHOT | \$3 • FRUIT CHASER | \$1

- ISLA VERDE** 16 oz \$9 | 20 oz \$11  
apple, spinach, cucumber, celery, yellow beet
- KICK STARTER** 16 oz \$9 | 20 oz \$11  
apple, orange, carrot, lemon
- ENERGIZER** 16 oz \$9 | 20 oz \$11  
coconut water, pineapple, lime, pink himalayan sea salt
- SWEET GINGER** 16 oz \$9 | 20 oz \$11  
ginger, watermelon, orange, coconut water
- ISLAND COOLER** 16 oz \$10 | 20 oz \$12  
pineapple, apple, beet, watermelon, orange, turmeric
- ROOTS REVIVAL** 16 oz \$10 | 20 oz \$12  
carrot, beet, pineapple
- BEET STREET** 16 oz \$10 | 20 oz \$12  
beet, spinach, lemon, romaine
- ORCHARD AND SPICE** 16 oz \$9 | 20 oz \$11  
apple, grapefruit, ginger, cayenne pepper
- IMMUNITY** 16 oz \$9 | 20 oz \$11  
apple, kale, ginger, orange, pineapple
- SLIM GREENS** 16 oz \$10 | 20 oz \$12  
cucumber, kale, ginger, lemon, romaine, celery, apple
- BOOST** 16 oz \$9 | 20 oz \$11  
celery, orange, apple, carrot, ginger
- ZESTY LEMON APPLE** 16 oz \$10 | 20 oz \$12  
lemon, apple, cucumber, alkaline water, agave

# BOWLS

HALF \$8 / FULL \$12

- AÇAÍ**  
almond milk, agave, frozen açai puree, pineapple, banana, mango, raspberries, blackberries
- PB2**  
almond milk, PB2 protein powder, agave, frozen açai puree, pineapple, banana, mango, raspberries, blackberries
- CHOCOLATE BANANA PB2**  
almond milk, chocolate PB2 powder, raw cacao powder, agave, frozen açai puree, pineapple, banana, mango, raspberries, blackberries
- BERRY GREEN**  
almond milk, agave, spinach, frozen açai puree, pineapple, banana, mango
- STRAWBERRY OATMEAL**  
almond milk, frozen strawberry, frozen banana, honey, vanilla whey protein
- HARVEST**  
almond milk, frozen peach, cinnamon, honey, vanilla whey protein

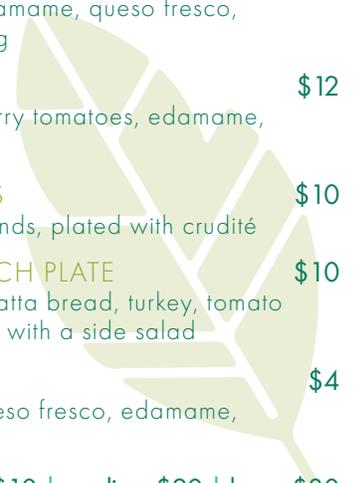
# SHAKES

- GREEN TEA MATCHA** 16 oz \$9 | 20 oz \$11  
coconut milk, avocado, greek yogurt, honey, matcha powder, vanilla whey protein
- BANANA COCOA** 16 oz \$9 | 20 oz \$11  
almond milk, honey, cocoa nibs, banana, chocolate whey protein or vegan vanilla protein, ice
- MOUNTAIN MACA** 16 oz \$10 | 20 oz \$12  
raw cacao powder, maca powder, raw coconut, coconut water, banana, cocoa nibs, cinnamon, himalayan pink sea salt, ice
- AÇAÍ SMOOTHIE** 16 oz \$9 | 20 oz \$11  
pure açai puree, frozen banana, frozen berries, almond milk, raw agave, mango, pineapple

# LUNCH

ADD CHICKEN \$6 / ADD SHRIMP (3) \$8

- PESTO MOZZARELLA CAPRESE** \$12  
spinach, cherry tomatoes, pesto mozzarella, sweet basil dressing
- GRILLED SHRIMP SALAD** \$15  
romaine, cherry tomatoes, queso fresco, parmesan crisp, warm grilled shrimp, caesar dressing
- TURKEY SANDWICH** \$12  
jalapeño ciabatta bread, tomato aioli, swiss cheese, lettuce, tomato, turkey with a side salad
- GRILLED CHICKEN COBB** \$15  
mixed greens, cherry tomatoes, edamame, queso fresco, avocado, warm grilled chicken, preserved lemon dressing
- COBB SALAD (NO PROTEIN)** \$12  
mixed greens, cherry tomatoes, edamame, queso fresco, avocado, preserved lemon dressing
- QUINOA + BEET SALAD** \$12  
spinach, quinoa, yellow beets, cherry tomatoes, edamame, preserved lemon dressing
- ROASTED ALMOND HUMMUS** \$10  
bowl of hummus, topped with almonds, plated with crudité
- HALF SALAD & HALF SANDWICH PLATE** \$10  
½ of a sandwich on jalapeño ciabatta bread, turkey, tomato aioli, swiss cheese, lettuce, tomato, with a side salad
- SIDE SALAD** \$4  
mixed greens, cherry tomatoes, queso fresco, edamame, preserved lemon dressing
- FRUIT TRAYS** small \$10 | medium \$20 | large \$30





## BEER

ANGRY ORCHARD CIDER	\$6
BUD LIGHT	\$5
CORONA EXTRA	\$7
CORONA LIGHT	\$7
O'DOULS (NON-ALCOHOLIC)	\$6

## WINE

G | B

### BUBBLES

Prosecco, Mionetto	\$10
Chandon California Rosé 187ml	\$13
Chandon California Brut Classic 187ml	\$12
Moët & Chandon Impérial	\$15   \$58
Moët & Chandon Ice Impérial	\$105

### WHITE

Rose, Whispering Angel	\$12   \$54
Riesling, A to Z Winery, Oregon	\$13   \$45
Sauvignon Blanc, Walnut Block, New Zealand	\$11   \$41
Chardonnay, J. Lohr Riverstone, Monterey	\$18   \$63

### RED

Merlot, Cannonball, Sonoma County	\$12   \$45
Pinot Noir, Erath Resplendent, Oregon	\$13   \$49
Cabernet Sauvignon, Hess, Napa Valley	\$12   \$45

## GARDEN LIBATIONS

NOTHING BUT A BEET	\$14
IXA blanco tequila, lemon juice, grapefruit juice, ginger beet agave, lemon	
BARBADOS DREAMS	\$14
toasted coconut infused crusoe organic white rum, coconut water, pineapple-ginger syrup, lime	
GIN N JUICE	\$13
farmer's gin, carrot juice, honey	
LOUIE LOUIE	\$13
crop organic cucumber vodka, green apple, basil, cucumber, ginger beer	
SKINNY MARGARITA	\$11
IXA blanco tequila, lime juice, orange juice, agave nectar	
BEE'S KNEES	\$10
farmer's gin, honey syrup, lemon juice	
FARMER'S MIMOSA	\$10
mionetto prosecco, seasonal fruit	

## SPIRITS

OCEAN VODKA	\$11
CROP ORGANIC CUCUMBER VODKA	\$11
CRUSOE RUM	\$11
FARMER'S GIN	\$10
IXA SILVER TEQUILA	\$11
SOLEY SUPERFRUIT	\$11
BUFFALO TRACE WHISKEY	\$10
CROWN ROYAL WHISKEY	\$12
ALOE VERA CHAREAU	\$11

